



COVID-19 Important Resources & Information

Updated: April 3, 2020

Mental Health Resources:

1. Division of Health COVID-19 Hotline - Certified Disaster Response Crisis Counselors (DRCCs) are now available to speak to Sussex County residents who may be experiencing emotional or mental difficulties related to COVID-19. DRCCs are trained to provide disaster mental health services, including psychological first aid and crisis counseling. County residents should call 973-579-9488 to speak with a staff member or Medical Reserve Corps volunteer. The Hotline's hours of operation are Monday through Friday from 9:00 a.m. to 4:00 p.m.
2. NJ Mental Healthcares Help Line – offers telephone counseling, emotional support, information and assistance in helping to get behavioral health services needed by you or a loved one. For assistance or more information, please call the toll-free, confidential number: 1-866-202-HELP (4357).

Nutrition Resources:

1. Home Food Delivery - For those in need of emergency home food delivery should contact NORWESCAP Pathways 2 Prosperity at 973-862-6680 (note that the caller will need to leave a message / calls are being returned off site). The service is being extended to those who do not have the capacity to leave their homes in order to purchase food themselves.

Donations of PPE:

Health care workers and emergency responders are in need of personal protective equipment (PPE). Donations may be brought to the Sussex County Office of Mosquito Control, located at 150 Morris Turnpike in Newton on Monday through Friday between 10:00 AM and 3:00 PM. A PPE donation form and receipt will be provided at the donation site.

Types of PPE that are being requested include:

- Nitrile Gloves (any size)
- Coveralls/ Tyvek Suits/Medical Gowns (any size)
- Face Shields/ Goggles
- N95 Masks
- Procedure Masks
- P100 Masks/ Air Purifying Respirators

Important Financial Guidance:

2. Tax Filing Deadline Extended – The New Jersey income tax filing deadline will be extended from April 15th to July 15th to mirror the extension of the federal income tax guideline.
3. FAFSA Deadline Extended - The deadline for eligible college students to apply for a renewal of state tuition aid for the 2020-2021 academic year has been extended from April 15th to June 1st. Students who receive aid through New Jersey Higher Education Student Assistance Authority (NJ HESAA) will have until June 1st to get their forms in.
4. Residential Mortgage Relief - The State of New Jersey is working to lessen the financial impact of COVID-19 on residents who are struggling to pay their mortgage and bills. Citigroup, JP Morgan Chase, US Bank, Wells Fargo, and Bank of America, in addition to over 40 other federal and state-chartered banks, credit unions, and servicers have committed to providing relief for consumers and homeowners in New Jersey. Visit <https://www.state.nj.us/dobi/covid/mortgagerelief.html> for more information.
5. Unemployment Guidance - If you are unemployed as a result of the novel coronavirus emergency please visit the following website for additional information on benefits you may be eligible for and information on how to file a claim for unemployment benefits - <https://myunemployment.nj.gov/labor/myunemployment/covidinstructions.shtml>
<https://www.nj.gov/labor/assets/PDFs/COVID-19%20SCENARIOS.pdf>
6. State of New Jersey COVID-19 Jobs & Hiring Portal – NJ has established a new online portal to connect New Jersey residents with jobs in critical industries responding to COVID-19. The jobs portal is available here: <https://jobs.covid19.nj.gov>. Employers in critical industries should submit information about openings with urgent hiring needs related to COVID19 here: <https://jobs.covid19.nj.gov/intake>.